



Student Life area

Photo source: Sidney Mounts

## Meet the Editors

nicolneHANSEN | Reporter



Emma Fleming

Photo source: Jake Stevenson

Emma Fleming is one, out of two, of the Prospectus' editors. She is majoring in English literature and is hoping to earn a double degree from UIUC in English Literature and Socio-Cultural Anthropology. Her favorite thing about attending Parkland College is the investment everyone has in each other. "Everyone I've worked with here is not only professional, but also insanely friendly and helpful," Emma says. This is something she has noticed in her bosses, professors, coworkers, as well as in her peers. After her time at both Parkland College and UIUC, Emma hopes to continue on to law school. "I have always had an interest in human rights law," she states.

When asked to state three interesting facts about herself, Emma mentions her obsession with the animated sitcom 'Bob's Burgers'. "I am pretty sure I've seen every episode at least 12 times," she adds. Furthermore, she enjoys yoga and has written poetry since the age of 10. Travelling is also something our editor enjoys. Though it is hard for her to pick only one travel destination, the choice lands on Ireland, as this is where her heritage tracks back to.

Though this is Emma's first semester as the editor for the Prospectus, she has been a part of the team since last semester where she worked as a reporter. I asked our newly initiated editor whom she would choose to interview if she could pick any person in the world. The choice landed on both Tyehimba Jess and Kurt Vonnegut. "They both are literary geniuses for completely different reasons," she explains.

Emma mentions that especially the creativity and the diversity within the team is something that makes the Prospectus stand out from the other student organizations at Parkland College. "It's really neat to be surrounded by a group of creative minds." As the new editor for the newspaper, Emma is looking forward to the experience that she will acquire. She sees her new position as a great learning opportunity. As a piece of advice for students who are considering joining the Prospectus, Emma recommends just going for it. "Do it! If you are considering joining the Prospectus, go ahead and do it!"

## The Prospectus: Engaging the Present - Preserving the Past

aylaMCDONALD | Co-Editor

During Fall semester 2018, I worked as a reporter for the Prospectus Newspaper, a student run news source for Parkland Community College.

Writing for the paper offered an experience like no other. The Prospectus gave my fellow student workers and I a platform from which to speak and be heard. It offered a place for us to explore our interests and curiosities, not only to our own benefit but also to the benefit of the community at large. As reporters for a newspaper we had the ability to both expose our own voices and to make heard the voices of others, holding in our fingers the responsibility which comes with writing another person's story - that of telling it truthfully.

It is a great thing to be trusted with the voice of another person. Writing for the Prospectus gave my fellow reporters and I an opportunity to listen to the voices of people from many different walks of life, each with their own story to tell. The need for sources brought some of us to places we never thought we would be - attending the speech of a former US President, witnessing the plight of homeless students, learning the spiritual practices of a modern-day wiccan, to name a few. By enabling us to have such experiences and by encouraging us to work together to seek out and write about topics that related us to our school and to the world beyond, the



Past and Present Prospectus issues.

Photo source: Prospectus Staff

Prospectus engaged its reporters, the subjects of its articles, and its readers in a way that made us aware of our present time and created connections of community within it.

But a student newspaper does more than just engage people in the present - it also serves to preserve the past. My favorite memory as a student reporter is of reading old copies of the Prospectus that have been archived in the Parkland College Library since the start of the Newspaper in the 1960s. As we sat around a table looking through hundreds of decades-old editions of the same newspaper that we construct today, my fellow reporters and I held in our hands time-capsules of the history of our College through stories, photographs and advertisements. In that moment we were connected not only to each other but also to the people who contributed to the Prospectus before us, to the students who walked the same halls we now walk, to those who wrote about then as we write about now.

As a student newspaper, the Prospectus has been and continues to be a constant record of changes occurring in the collegiate, local, and national societies of Parkland College students throughout time. Containing stories of political duress, of social conflict, of Champaign-Urbana community events, and of student activity within the College, the Prospectus charts the course of change and presents it through the perspective of students - people whose lives are defined by change.

This semester I will continue to write for the Prospectus as co-editor. I am excited to work beside returning and new Prospectus staff and I look forward to the experiences that this season with the Prospectus has in store. As we welcome a new year and a new semester, I hope that our readers will follow the Prospectus team as we continue to document the changes that are occurring in the life of our community and as we tell the stories of the people within it.

If you would like to contribute to the weekly publication of the Prospectus Newspaper please visit [www.prospectusnews.com](http://www.prospectusnews.com).



## degree completion day

**WED FEB 20, 2019**  
**9:30AM-1:30PM**  
**PARKLAND COLLEGE**  
**STUDENT UNION**

see which universities guarantee junior-level transfer status with a completed associate's degree

for more information contact  
Office of Admissions  
217/351-2482  
[admissions@parkland.edu](mailto:admissions@parkland.edu)

- academic advising available
- learn how to track your progress toward your degree or certificate
- confirm your degree program
- complete your petition to graduate form
- giveaways, refreshments, and WPCD-FM live streaming!



## The Banquet of American Dreams

paulBENSON | Reporter

America the beautiful is out of shape. We should take care of ourselves instead of mindlessly consuming. We can't help it though, it's who we are. A Center for Disease Control and Prevention report states that between 2013 and 2016 "36.6% of adults consumed fast food on a given day," in the United States. This CDC report also found out that "the percentage of adults who consumed fast food increased with increasing family income level." According to the report, 32%

of low-income adults and 42% of high-income adults consumed fast food on a given day. More money, more junk food. This is made clear with the recent presidential fast-food banquet. The banquet was hosted for the Clemson NCAA Football Champions. The fast-food was a substitute, a "pragmatic" solution, since the White House chefs weren't working due to the longest government shutdown in US history. The consumer culture in America is forever symbolized in this picture of Trump presenting wrapped

Wendy's burgers on a silver platter under candle light, with a portrait of Abraham Lincoln hanging over a fireplace. Lincoln stands behind it all, bearing witness to the event. This rich tapestry, possibly including gifts from another country, has been decorated with cheap American consumerism. The message seems to be pile that greasy almost-meat down your throat, shovel in those starchy microplastics, and wash it down with bubbly diabetes. After all it's the American way. Don't think about changing behaviors, just consume. We're

in the middle of mass extinction anyways. Regardless of your political beliefs, you got to admit it's one of the most American banquets ever held at the White House. While Americans are heavy consumers of many unhealthy products, we should know that we don't have to be. While higher income adults consume more fast-food, lower income adults can be trapped into buying cheap food that is bad for them. It's hard to eat healthy and it can be especially harder for people with less money. (Check out the



# PARKLAND

## Check out the Tutors in D120

emma**FLEMMING** | Reporter

As many of us know, math and science can be difficult at the collegiate level. Whether you're struggling with an individual problem or need extra help grasping a subject, the peer tutors in the Center for Academic Success are there to help. Although the peer tutoring program puts a special emphasis on math and science, the peer tutors can assist with a wide variety of topics. Some of these topics include math, statistics, chemistry, computer science, accounting, economics, psychology, sociology, biology and Spanish. The peer tutors are CRLA certified and have taken preparation courses in order to provide help with many of the courses that Parkland offers. According to the Parkland website, the peer tutors were "carefully chosen based on their academic performance, previous experience, and

interest in helping others." Peer tutoring is open to all students, and is available Monday–Thursday from 9 a.m. to 8 p.m. and Friday 9 a.m. to 5 p.m. In total, there are 13 peer tutors available. I had the opportunity to ask some of them questions about themselves and why they chose to tutor in the Center for Academic Success.

**Soungwan Jo**  
Major: Engineering science (mechanical engineering)  
What can you help students with? Math or physics problems  
Why are you a peer tutor? I want to gain voluntary experience and make some extra money.  
What do you do in your free time? Sleep  
Favorite subject? Math

**Nicolas Nkiere**  
Major: Computer engineering

What can you help students with? Math, physics or computer science  
Why are you a peer tutor? I like helping people understand math and physics; it's cool.  
What do you do in your free time? I watch online videos on math or technology and sometimes I play video games.  
Favorite subject? Math

**Edward Passagi**  
Major? I'm currently majoring in computer science at Parkland College.  
What can you help students with? At D120, I can help students who need help in math, physics, chemistry, computer science and economics. However, people often come to me for math help.  
Why are you a peer tutor? I want to help those who don't understand specific material because I have been in that position. It sucks to be stuck

in a rut when learning new stuff. Also, it's always nice to make extra money while I'm at it.  
What do you do in your free time? I mostly play musical instruments, or I hang out with friends.  
Favorite subject? As a computer science student, my favorite subject revolves around the STEM field, like math and physics. I also like the computer science classes here [Parkland].

**Hui Qui**  
Major? Accounting  
What can you help students with? Accounting, business, economics or math (business calc and statistics)  
Why are you a peer tutor? I want to help students and I think that being a tutor will help me with my English. Also, I need something to put on my applications.  
What do you do in your free time? N/A  
Favorite subject?

Accounting for now, but that may change as I study new subjects.

**Dylan Royer**  
Major? Mechanical engineering  
What can you help students with? All math courses up to Calculus III, physics up to 142, statistics and some general eds like Economics 102 and Chemistry 101 and below  
Why are you a peer tutor? The tutoring office has gotten me out of a few tight spots with understanding difficult material, and it is nice to pay that forward and help other people in a similar way.  
What do you do in your free time? I relax, listen to music or play guitar.  
Favorite subject? Physics

For more information on tutoring here at Parkland, stop by D120.

## Trimble, Meinert December Parkland Athletes of the Month

chad**BEYLER**

Parkland College Athletics announced its December 2018 Athletes of the Month on Friday, selecting men's basketball sophomore guard Ty'Ohn Trimble and women's basketball freshman forward Emily Meinert.

One of the lead guards for Parkland's third-ranked men's basketball team, Ty'Ohn Trimble increased both his points-per-game average and shooting efficiency in the season's second month. After averaging 11.8 points per game in November, Trimble increased his production to a 14.3 points per game in the final month of 2018. Creating the extra 2.5 points per game by the Alton, Ill., native was a 61.3 percent field goal percentage, including 50 percent from three, an increase of 18.9 percent over the previous month. In addition to his

own production, Trimble set up his teammates with a team-leading 4.0 assists per game. Headlining the month was Trimble's performance against Division I Southeastern (IA) on December 17 where he scored a season-high 21 points, including a season-high four three-pointers, to go along with two assists, two rebounds and a steal.

"Ty'Ohn is a tremendous young man, who works extremely hard," said head coach Anthony Figueroa. "He displays great leadership both on and off the court."

Joining Trimble in earning their first Parkland Athlete of the Month award, Emily Meinert burst onto the scene in her second month in a Cobras uniform with four double-doubles while averaging 10.6 points per game and 7.8 rebounds per game. Building off a strong end to November, Meinert earned her first start on

December 1 and responded with her first collegiate double-double (16 points, 10 rebounds) against Triton. Scoring in double figures in five of the team's eight December games, the Galesburg, Ill. native saved her best for last as she recorded her fourth double-double with 17 points and 11 rebounds against No. 3 North Iowa Area on December 30. The season-high 17 points came on her most efficient shooting performance of the season, making seven of her 10 shot attempts and all three free-throw attempts.

"Emily has stepped up



her game as the season has gone on and has really made an impact for us," said head coach Mike Lindemann. "The hard work that she has been putting in has been paying off for her in her production on the court. She is playing more aggressive offensively and has been a dominant rebounder."

Both Parkland basketball programs are back home in the coming days, as the

Photo source: **Chad Beyler**

women's team squares off against Kishwaukee tonight, January 4, at 5:30 p.m. and the men's squad returns home on Tuesday, January 8, to face Kankakee at 7 p.m.

FROM PAGE 1

## BANQUET

Parkland College Wesley Food Pantry if you are a student struggling to find food.)

It's important to know fruits and vegetables above all other foods have the highest nutritional value, which is a shame given how expensive these food items can be. For a lot of people, fast-food is an option for convenience. Don't get stuck in the habit though. If you find yourself eating out a lot for lunch, try getting in the habit of packing one instead. By packing a lunch you can get more nutrition, save more money, and you can save more time. Another strategy is to keep coolers full of food in your car, so you can prepare

a meal whenever you need to. There should always be healthy frozen food options to look out for. Also, you can save money by making a large meal, like Lasagna, and saving the meal to eat leftovers of for the rest of the week. Preferably make something you already like eating.

Eating healthy doesn't have to be a chore, especially when you care for your body and want what's best for it. In these modern times it is easy for us to get caught up into mindlessly consuming and thinking on autopilot. It doesn't have to be this way. Humans can change old bad habits and adapt to new ones that are more beneficial. It's who we are. Let's stop to think about the amount of toxic substances we put into our bodies.



Presby Hall

suite-style residences at University of Illinois

217-344-0102

PresbyHall.com

\$5,000 SPRING SEMESTER LEASE

Meal Plan Included

Suite-Style Living

Corner of 5th & John

FREE PARKING

{Parkland Students Only}

Call today!





# PARKLAND

## Cobras Excel in Fall 2018 Classroom

Parkland College Athletics' excellence extended beyond the playing field and into the classroom during the 2018 Fall semester, as five of its eight programs finished the semester with a GPA of 3.00 or higher.

Parkland women's basketball team led the team GPA averages for Fall 2018 with a combined GPA of 3.57. Volleyball finished a close second with a team GPA of 3.56

Individually, the Cobras also saw 18 of its student athletes finish with a perfect 4.00 GPA while an additional 34 athletes earned a GPA of 3.50 or higher. In total, 35 percent of Parkland's

student-athletes compiled a GPA of 3.50 or higher this past fall.

Team GPAs		
TEAM		GPA
Women's Basketball		3.57
Volleyball		3.56
Softball		3.35
Golf		3.02
Women's Soccer		3.00

28TH ANNUAL STUDENT PRODUCTION

COME BLOW YOUR HORN

BY NEIL SIMON  
DIRECTED BY MELISSA GOLDMAN

February 7-17

[parkland.edu/theatre](http://parkland.edu/theatre)  
217/351-2528

# Have you seen us online?



# www.prospectusnews.com

Also on

Smartphone users,  
scan here for instant access  
to prospectusnews.com





# PARKLAND

## Meet the Parkland Hall of Fame Class of 2018

Parkland College will induct seven new members to its Athletics Hall of Fame on Saturday, January 26, during halftime of the Cobras' men's basketball game at 3 p.m. central time. The Hall of Fame Class includes six NJCAA All-Americans and were members of seven teams that reached the NJCAA National Tournament.

**Heidi McKean Wlezien, '09 Basketball**  
Heidi McKean Wlezien played for the Parkland College basketball team during the 2008 and 2009 seasons. In 2009, Wlezien was named First Team NJCAA All-American, Region 24 All-Region, NJCAA Nationals Fourth Place, Parkland Co-Female Athlete of the Year, and received the Parkland Female Academic Achievement Award, along with being a two-time M-WAC All-Conference. Wlezien averaged 11.5 points per game during the 2008 season and 8.5 points per game during the 2009 season.  
After Parkland Heidi played for Upper Iowa University and graduated with a degree in Athletic Training where she received the Senior Student Athletic Trainer of the Year Award. Heidi obtained her Master's Degree in Sports Administration from Eastern Illinois University where she was a graduate assistant athletic trainer working with women's rugby, women's basketball, and swimming. After earning her Master's, Heidi served as the head athletic trainer for the WNBA All-Star East team in 2015 and is currently an associate athletic trainer for the women's basketball team at the University of Texas at Austin. Heidi is also being inducted into the Illinois Basketball Coaches Association Hall of Fame this coming May.

**Denise McGrath, '02 Volleyball**  
Denise McGrath played for the Cobra Volleyball team in 2001 and 2002 where she was team captain, an NJCAA All-American, NJCAA National All-Tournament First Team, and the 2002 Conference Player of the Year. After Parkland, Denise graduated with honors earning her B.S. from the University of Illinois with an emphasis on Marketing and Sport Management. Denise was on the UI Dean's List, the National Dean's List and graduated with honors. Moving to Albuquerque, NM in 2005, Denise began a successful career in sales and management selling laboratory,

healthcare and cleanroom products where she was recognized as regional sales Representative of the Year in 2010. Denise is now lives in Bloomington, IN with her husband Brok and their three young children Ava, Eli and Ian.

**Hannah Ohl Cronk, '11 Basketball**  
Hannah Ohl Cronk played for Parkland College from 2009-2011. In 2009, Cronk helped lead her team to an MWAC Conference Championship, Region 24 Championship, and a 3rd place finish at the National Tournament. Earning honors of MWAC 1st Team All-Conference, 1st Team All Region, Parkland Female Athlete of the Year, National All-Tournament Team, and was named a 1st Team NJCAA All-American. After Parkland Hannah transferred and continued her basketball career at the NCAA Division I institution, The University of South Carolina Upstate where she earned her B.S. in Exercise Science. Hannah went on to earn a M.S. degree in Kinesiology and Sports Students from Eastern Illinois University. Hannah is currently an Assistant Women's Basketball Coach at Danville Community College. Hannah resides in the Danville area with her husband, Logan Cronk.

**Marty Kirby, '76 Baseball**  
Marty Kirby was a multi-sport athlete at Urbana High School, earning a total of seven varsity letters before graduating in 1974. Marty came to Parkland College to play for the Cobra Baseball team in 1975 and 1976 where he earned the team MVP and batted .388 before transferring to the University of Illinois and the UI Baseball Team. In the summer of 1975, he started a 10-year stint as an outfielder in the amateur Eastern Illinois Baseball League. He had a career E.I. batting average of .328 and earned all-star status in 1976, 1977, 1978 and 1980. Kirby also hit 23 home runs during his E.I. career. Kirby finished among the E.I.'s top 10 batting leaders twice, ending eighth in 1977 (.418 average) and seventh in 1980 (.419 average). From 1980-85 he served as the player-coach for the Thomasboro E.I. entry, compiling a six-year record of 118-46. He became the first coach in the history of the now-84-year-old E.I. to guide four consecutive teams to regular-season championships, doing

so from 1982-85 and a tournament championship in 1985. He then served as President of E.I. from 1991-2000.  
Marty Kirby had also returned to Parkland College as the head baseball coach for three seasons, from 1983-1985.  
The long-time owner of Kirby & Turner Masonry, coached youth baseball teams from 2000 to 2007. Among those highlights were guiding the 2000 Brownfield Sports team to the Twin City Championship with an unblemished 23-0 record. He also served as head coach for a program he had played for, the Urbana Legion Post 71 team. He coached the Post 71 junior program from 2004-07, with the 34-17 team in 2005 team advancing to the national tournament in Ohio.  
He is part of a storied family of Urbana athletes. In 2009, the Kirby family became the first with four of its members in the Urbana Athletic Hall of Fame. Father Merwin Kirby (1952 graduate) was the first enshrined and was followed by three sons, Marty (1974 graduate), Rick (1976 gradate) and Murray (1980 graduate). The number of Kirbys enshrined later increased when Marty's children Adam (2007 graduate) and Mandy (2008 graduate) were also selected.

**Rebecca Koets, '02 Softball**  
Rebecca Koets played for the Cobra Softball team in 2001 and 2002 where she batted .423, fielded .933 and had 58 RBIs. Rebecca was All-Conference 1st Team, All-Region 1st Team, NFCA All-Region 1st Team and NJCAA All-American 1st Team. Koets continued her career at Northland College in Ashland, WI where she earned her B.S. in 2004. Koets moved to California and where she completed her HR Certification. Koets left corporate life to travel, help with family, and enjoy a minimalist lifestyle. She lived in a tiny house (like the television show), traveled all over the U.S., lived in 5 different states, completed the San Francisco Nike Marathon in 2009, the Ragnar Bourbon Chase in 2018 and continues to play co-ed slow pitch softball today.

**Brittany Fallis Perez, '09 Volleyball**  
Brittany Fallis Perez played for Parkland

College during the 2008 and 2009 season. During her 2008 season, Perez played in 120 sets with 16 Aces (.12 Aces/set) and 494 Digs (3.83 Digs/set). During the 2009 season, Perez played 149 sets, had 869 Digs (5.83 digs/set) and was First Team All-American, First Team All-Region 24 and First Team All-MWAC. Following Parkland, Perez went on to play Division 1 volleyball for the University of Pittsburgh as defensive specialist from 2009-2011 where she earned her B.S. in Administrative Justice and Legal Studies. Perez was granted an internship at the Allegheny County Medical Examiner's Office in Pittsburgh in 2011 where she participated in forensic investigations on various crime scenes. Perez is currently a paralegal at the law firm of Heyl Royster in Peoria where her focus is in the toxic tort practice groups.

**Lennox Forrester, '89 Basketball**  
Lennox Forrester played for the Cobra Basketball team during the 1988 and 1989 seasons. In 1989 Forrester was selected as an NJCAA All-American, All-Region and All-Conference. His career included being a member of two of the Cobras top-five finishes where they were 2nd in 1988 and 4th in 1989.  
Forrester then earned a Division I Scholarship to the University of Evansville where he played 2 seasons, finishing first in the conference and winning the Conference Tournament and reaching the NCAA tournament in his senior year. Forrester earned his B.S. in Sociology in 1992 and spent the next 25 years as a college basketball coach. Starting his coaching career as an assistant at the University of Evansville for 12 years, Forrester moved to Bradley University as an assistant coach and helped guide the Bradley team earn wins over Kansas and Pittsburgh to make it into the Sweet Sixteen in the 2005-2007 seasons. Forrester finished his long career in coaching as the head coach at Southern Illinois University, Edwardsville for eight seasons, guiding them from Division II to Division I. He currently serves as the Executive Director at the Downtown Belleville YMCA in Belleville, Illinois where he lives with his wife Racquel and daughter Calaya.



The blood moon during the lunar eclipse on Saturday 11:30 pm Jan. 20, 2019  
Photo source: Sidney Mounts

Prospectus News

<p><b>Corrections:</b> We strive to publish fair and accurate information. Please let us know if you believe a correction to published content is in order.</p> <p><b>Grammar Suggestions:</b> If you find incorrect or otherwise unclear grammar or wording in any articles, please do not hesitate to let us know.</p> <p><b>Letters to the Editor:</b> Contributions must be original work by the contributor, typed, include the contributor's name, and sent to prospectus@parkland.edu. Please include the words "letter to the editor" in the subject line of your email. The Prospectus reserves the right to edit or deny any contributions.</p> <p><b>Employment:</b> If you are interested in working with the <i>Prospectus</i>, go to prospectusnews.com, click on the "Work with us!" tab, review our employment requirements, and submit the completed application form. Alternatively, you can stop by Student Life to pick up a paper application.</p> <p><b>Advertising:</b> Interested in advertising with us? Go to prospectusnews.com/advertising for information on our advertising policies and to view our 2018–2019 Media Kit and Rate Card.</p>	<div><div>thePROSPECTUS</div><div>Parkland's campus-wide student newspaper since 1968</div></div> <div><div>Room U111</div><div>2400 W. Bradley Ave.</div><div>Champaign, IL 61821</div><div>prospectus@parkland.edu</div><div>217/351-2492</div></div> <div><div><i>The Prospectus works to proliferate information relevant to Parkland-goers and provide its student workers with a space conducive to the learning environment.</i></div></div> <div><div>The <i>Prospectus</i> is Parkland College's campus-wide student newspaper, and has been in constant production since late 1968. Our reporters and editors are exclusively students of Parkland College with a variety of majors and career interests, not just communications and journalism. We set out to provide an outlet for students to further develop their writing, photography, communication, time management, and critical thinking skills while producing a quality, trusted source of news for Parkland-goers. The <i>Prospectus</i> publishes weekly during Parkland's spring and fall semesters and three times during the summer semester.</div></div>	<div><div>thePROSPECTUS Staff</div><div>ayla<b>McDonald</b> - Reporter</div><div>paul<b>Benson</b> - Reporter</div><div>emma<b>Fleming</b> - Reporter</div><div>sidney<b>MOUNTS</b> - Reporter</div><div>nicoline<b>HANSEN</b> - Reporter</div><div>adam<b>Rahn</b> - Managing Editor</div></div> <div><div></div><div>Did you know? All unused issues of the <i>Prospectus</i> are recycled or donated to the Parkland College Veterinary Technology program.</div></div>
---	---	--